

# Mental Health School Satellites



# Medication Assisted Treatment



# CONTACT US

## PROS

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## Counseling & Psychiatric

Jamestown - 716.661.1590  
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## Health Homes

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## CORE Services

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[www.resourcecenter.org](http://www.resourcecenter.org)

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# TRC BEHAVIORAL HEALTH SERVICES & CARE COORDINATION



## SERVICES

- ✓ Mental health screenings and referrals
- ✓ Access to trauma informed care service models
- ✓ Management and coordination of chronic illnesses (anxiety, depression, coping, etc.)
- ✓ Counseling sessions scheduled during the day
- ✓ Care management & coordination

## ABOUT

A mental health school satellite is a clinic located on a school campus. These locations offer mental health services just like your regular therapist office. Mental health school satellites work because they are located where the children are to meet their needs. The services are easily accessible, located in a familiar environment and offered by healthcare professionals who address a wide range of mental health concerns.

## SERVICES

- ✓ Evidenced based screening
- ✓ Overdose prevention education is provided
- ✓ Individualized treatment plans
- ✓ Staff are trained and certified in MAT
- ✓ Access to NARCAN
- ✓ Counseling services also available

## ABOUT

Medication Assisted Treatment (MAT) is utilized to help those struggling with opioid addiction and substance use gain rapid access to treatment. This treatment approach is blended with our counseling, psychiatric and PROS services to provide individualized treatment to meet your needs. Peer services are also available through the PROS (Personalized Recovery Oriented Services) program and CORE (Community Oriented Recovery & Empowerment).

*“Even the darkest night will end and the sun will rise again”- Victor Hugo*

# Personalized Recovery Oriented Services



# Counseling & Psychiatric



# Health Homes



# Community Oriented Recovery & Empowerment



- ### PROS SUPPORTS GOALS TO
- ✓ Increase skill development
  - ✓ Obtain employment and education opportunities
  - ✓ Live independently
  - ✓ Improve relationships
  - ✓ Improve mental health and wellness
  - ✓ Medication Assisted Treatment (MAT) available

### ABOUT

PROS is a personalized recovery program designed to help you conquer mental health concerns and live your life to the fullest. Our team of professionals will craft a personalized recovery plan with you. The personal recovery plan acts as a road map to allow you to get the most out of life. At PROS, we support you every step of the way.

- ### COUNSELING SERVICES
- ✓ Individual Counseling
  - ✓ Couples Counseling
  - ✓ Family/Group Counseling
  - ✓ Child/Youth Counseling
  - ✓ Medication Assisted Treatment (MAT)
  - ✓ Tele-Mental Health Option
  - ✓ Trauma Informed Care

### ABOUT

TRC Counseling & Psychiatric Services treats the whole person. TRC has invested in an integrated care model to provide enhanced coordination between existing traditional service environments. We can also coordinate treatment with other counselors and clinicians. TRC's Counseling & Psychiatric Services can help you navigate and conquer a variety of life stressors.

- ### HEALTH HOMES ASSISTS YOU
- ✓ To get involved in activities to improve health
  - ✓ In obtaining housing, legal, food and essentials
  - ✓ With transportation services
  - ✓ In gaining the confidence you need to communicate with multiple providers
  - ✓ In working with the whole family

### ABOUT

TRC's Health Home Services provides care coordination to help make sure everyone involved in an individual's care is working well together and sharing information that is important in supporting a person where they are at. A Health Home Care Manager helps coordinate not just medical, mental health and substance abuse services, but the social service needs of the individual as well. Health Home Services helps you gain the growth and independence you desire.

- ### SERVICES
- ✓ Connection with peer and family supports
  - ✓ Assist with daily living and social skills
  - ✓ Manage mental health and substance abuse
  - ✓ Assist with education and employment
  - ✓ Achievement of life and community goals

### ABOUT

Community Oriented Recovery & Empowerment Services are recovery and wellness services for people with mental health and substance abuse disorders. People can get these services in their own homes. CORE provides support that helps a person achieve things they want such as a better social life, employment, or education. CORE is available for people 21 and over who are enrolled in Medicaid HARP.

