

### Payment Options

We accept Medicaid and most private insurance plans. Alternative arrangements can be made for people lacking health insurance.



# health related services

#### The Resource Center's

#### **Health Related Services**

Our services are available to everyone in the community. We offer a variety of services including Physical Therapy, Occupational Therapy, Speech/ Language, and Audiology, all in one location. Our clinicians work one on one with you, to create a comfortable, effective treatment.

#### Locations

We have two convenient locations to serve you. Both offer plenty of off-street parking, and are wheelchair accessible.

#### lamestown

Michael J. Raymond Center 75 Jones & Gifford Ave. P: (716) 661-1541

#### Dunkirk

The Resource Center 186 Lake Shore Drive West P: (716) 366-6125



Q: Does TRC only provide services to people with developmental disabilities?

A: No, our health services are available to everyone.

Q: What if I'm not sure I need therapy, does TRC offer free screenings?

A: Yes we do!

Q: Do I need to pay out of pocket for therapy? A: We will work with your health insurance company in accordance with their policies.

For more information, visit www.resourcecenter.org

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Helping people return to their optimum level of functioning.



















# Physical Therapy

Physical therapy is a field of rehabilitation in which therapists work with people to accomplish goals that help a person return to a normal level of activity.

Our clinics have physical therapists and physical therapy assistants with more than 60 years of combined experience. This enables the clinic to effectively treat outpatients from the community with various injuries. With the help of our state of the art technology, we are also able to offer concussion management, and fall risk screening and conditioning.

We can accommodate all age groups, as our clinicians are experienced with issues faced at any age.

### Conditions that can be treated on an outpatient basis include:

- rehabilitation from orthopedic and sports injuries and surgeries
- balance deficits
- neurological conditions such as stroke or developmental delay
- temporomandibular/jaw joint pain
- concussion management

# Occupational Therapy

Occupational therapy assists people in developing the "skills for the job of living" necessary for independent and satisfying lives. Our services include customized treatment programs to improve your ability to perform daily activities, comprehensive home and work evaluations with adaptation recommendations, performance skills assessments and treatment, adaptive equipment recommendations and usage training, and guidance to family members and care givers.

# Some of the health conditions that may benefit from occupational therapy include:

- work injuries, including repetitive stress injuries
- limitations following stroke/heart attack
- birth injuries, learning problems or developmental disabilities, spinal cord injuries, or amputations
- ADHD and/or sensory needs
- arthritis, multiple sclerosis, or other serious, chronic conditions
- injuries from falls, sports or accidents
- vision or cognitive problems



#### Speech Therapy

Speech therapy is used in the treatment of disorders related to speech, language, cognitive communication, and fluency. Our speech pathologists will work with you to improve your ability to communicate clearly and effectively with those around you.

### The speech department offers evaluation and treatment of:

- delays in the development of speech/language
- language changes due to stroke/brain injury including word finding, memory, and breath support
- articulation disorders (the mispronunciation of sounds/words)
- stuttering
- use of augmentative communication

#### Health Services

We are an all-inclusive community based provider open to anyone who requires physical, occupational, or speech therapy services and are currently accepting new patients. Our certified therapists, therapy assistants and staff provide quality, individualized care for our patients and embrace changes in therapy that result in improved patient care.



TRC Health Related Services is part of the TRC STARS health care model, designed to improve your life.